

Checklist

At a glance checklist: a practical approach to children's trauma prevention

Cause	Risk Factors	Action
RTA	Uneven roads Reckless driving Vehicle safety Seating and seat belts Carrying children Bike size Bike safety Helmets	Pavements Road signs, speed limit Legislations Enforcement Legislations Appropriate selection Brake, lights, bell Enforcement
Falls	Climbing trees Incomplete buildings Open windows Stairs Playgrounds	Prevention, seasonal attention Construction prevention measures Grill windows Safety gates Soft ground, sand, watching
Burns	Scalds Fire Gas	Keep away, rotate pan handle Avoid access to candles and cooking fire, Keep lighters out of reach Fireworks under supervision Avoid flammable clothes Keep children away
Electrocution	Power sockets	Cover sockets Keep out of site
House utilities	Kitchen knives	Keep out of reach of children at all times
Drowning	Access to pool water, rivers, ponds, manholes	Do not leave unwatched near pool Conduct swimming lessons Cover
FB ingestion	Loose batteries Magnets Sharp objects Chemical liquids	Manufacture safety measures, battery chamber security, inaccessibility Careful disposal of used batteries Close observation Keep magnets away from children, ban selling Keep objects, chemicals and bleaches out of reach of children
Poisoning	Accessibility of medicines	Good secured storage